



4

Flight Bag

THE ATPL PROTOCOL

The Flight Bag

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PHASE 1: PLANNING AND ORGANISATION

- Visual Weekly Planners (Sessions 1 to 4)
- Blank Weekly Planner for personalised routine
- ATPL Global Schedule (Overview)

Weekly Planner - Session 01

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
6:00 AM	080 - PRINCIPLES OF FLIGHT QCM	050 - METEOROLOGY QCM	080 - PRINCIPLES OF FLIGHT QCM	050 - METEOROLOGY QCM	040 - HUMAN PERFORMANCE QCM		
07:00 AM							

Weekly Planner - Session 02

DIMANCHE	
SAMEDI	
VENDREDI	
JEUDI	
MERCREDI	
MARDI	
LUNDI	

Weekly Planner - Session 03

DIMANCHE	
SAMEDI	
VENDREDI	
JEUDI	
MERCREDI	
MARDI	
LUNDI	

Weekly Planner - Session 04

DIMANCHE	
SAMEDI	
VENDREDI	
JEUDI	
MERCREDI	
MARDI	
LUNDI	

BLANK WEEKLY PLANNER - ROUTINE 1-1-(1)

SUNDAY								
SATURDAY								
FRIDAY								
THURSDAY								
WEDNESDAY								
TUESDAY								
MONDAY								

ATPL Global Schedule + Exemple

2026											
Jan 26	Feb 26	Mar 26	Apr 26	May 26	Jun 26	Jul 26	Aug 26	Sep 26	Oct 26	Nov 26	Dec 26

PHASE 2: TACTICAL TOOLS (Memory & Calculation)

- Concept Sheet / Illustration (Blank Sheet Protocol)
- Kill Sheet 031 (Standard Calculation Table and Data)
- Sequential Fuel Log 033 (Fuel Calculation)

CONCEPT ILLUSTRATION SHEET

MMDDYY.HHMM

KILL SHEET 031 - (PART 1)

KILL SHEET 031

(Part. 1)

Mass & Balance:

	Check Units	Datum (+/-)	M = m x d	
Description	Mass (kg/lbs)	Arm (in/m)	Moment	Notes
TOTAL				

=TOTAL Moment
/TOTAL Mass

	Check Units	Datum (+/-)	M = m x d	
Description	Mass (kg/lbs)	Arm (in/m)	Moment	Notes
TOTAL				

=TOTAL Moment
/TOTAL Mass

	Check Units	Datum (+/-)	M = m x d	
Description	Mass (kg/lbs)	Arm (in/m)	Moment	Notes
TOTAL				

=TOTAL Moment
/TOTAL Mass

KILL SHEET 031 - (PART 2)

KILL SHEET 031

(Part. 2)

Masses & Volumes :			
US GAL	$\times 1.2$	IMP GAL	$\times 10 \times \text{Densité}$
	$\times 3.785$	Litres	$\times \text{Densité}$
			lb
			$\times 2,205$
			kg

Specific gravity (SG)		
JET A1	0.80	(ou 0.79 / 0.81)
AVGAS 100LL	0.72	
HUILE (Oil)	0.90	

Passenger mass			
FLIGHT / AIRCRAFT TYPE	TYPE	>20 Seats	>30 Seats
AIRCRAFT 20 SEATS OR MORE (Scheduled & Low Cost)	ADULTS		
	MALE	88 kg	84 kg
	FRMALE	70 kg	
	CHILDREN		35 kg
	INFANT (< 2 yrs)		0 kg
CHARTER FLIGHTS (Holiday)	ADULTS		
	MALE	83 kg	76kg
	FRMALE	69 kg	
	CHILDREN		35 kg
	INFANT (< 2 yrs)		0 kg
BAGGAGES (HOLD) AIRCRAFT 20 SEATS OR MORE.	DOMESTIC	11 kg	11 kg
	INTRA-EUROPEAN	13 kg	13 kg
	INTERCONTINENTAL	15 kg	15 kg
	ALL OTHER	13 kg	13 kg
CREW Hand luggage included	Cabin CREW	75 kg	75 kg
	Flight CREW	85 kg	85 kg
<19 Seats	If no hand luggage -6kg		
<10 Seats	Passenger mass can be determined verbally		

SEQUENTIAL FUEL LOG 033

PHASE 3: OPERATIONAL CHECKLISTS

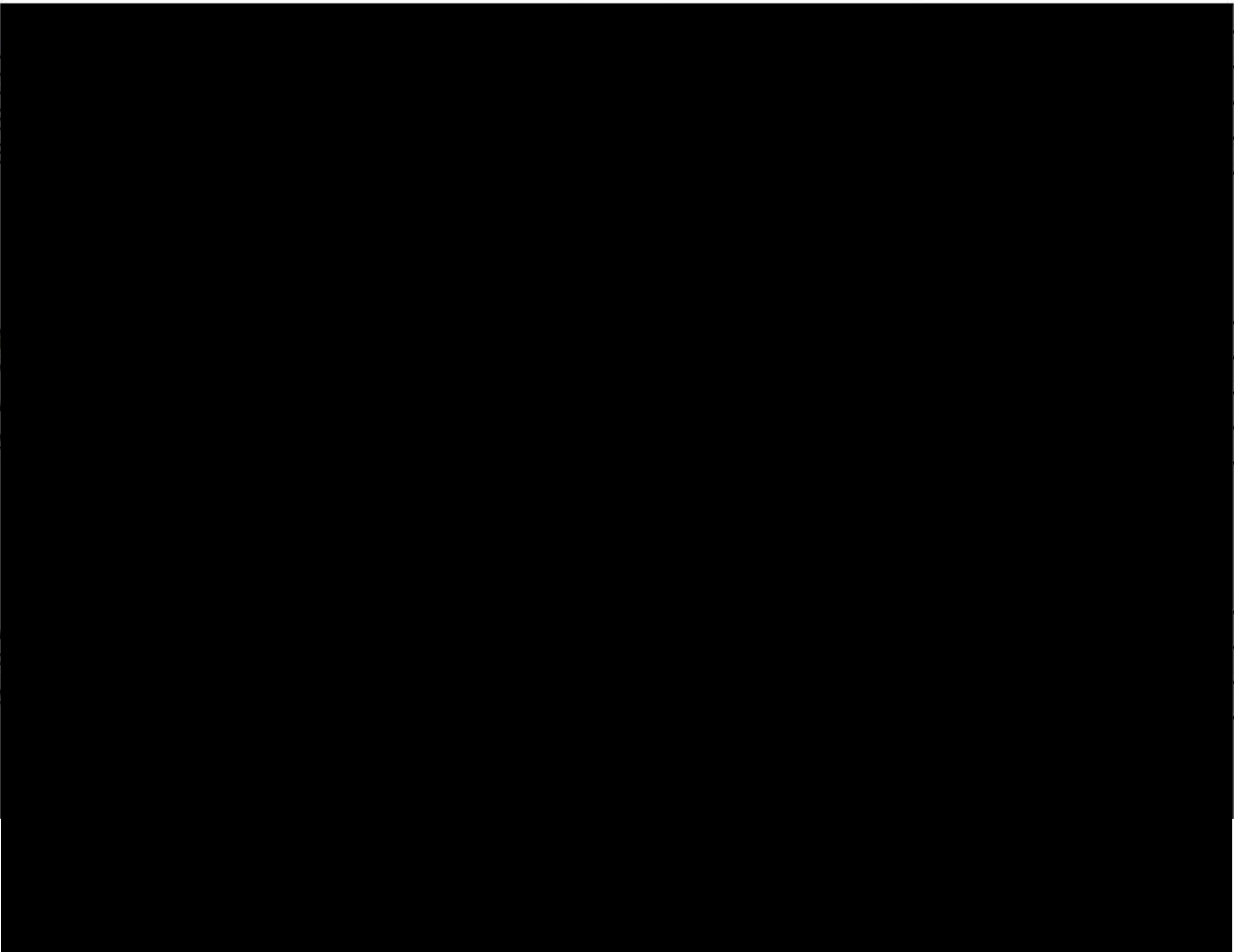
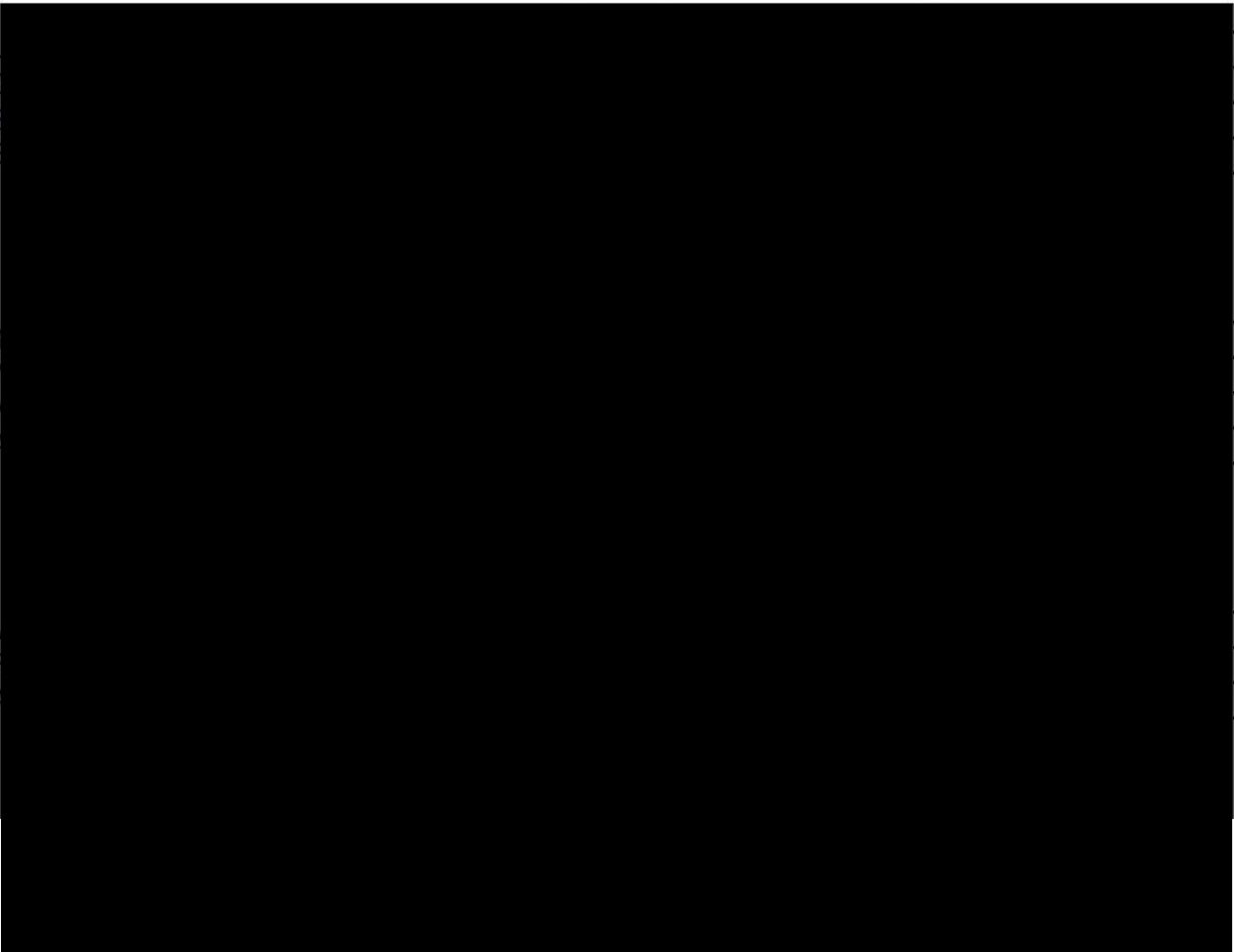
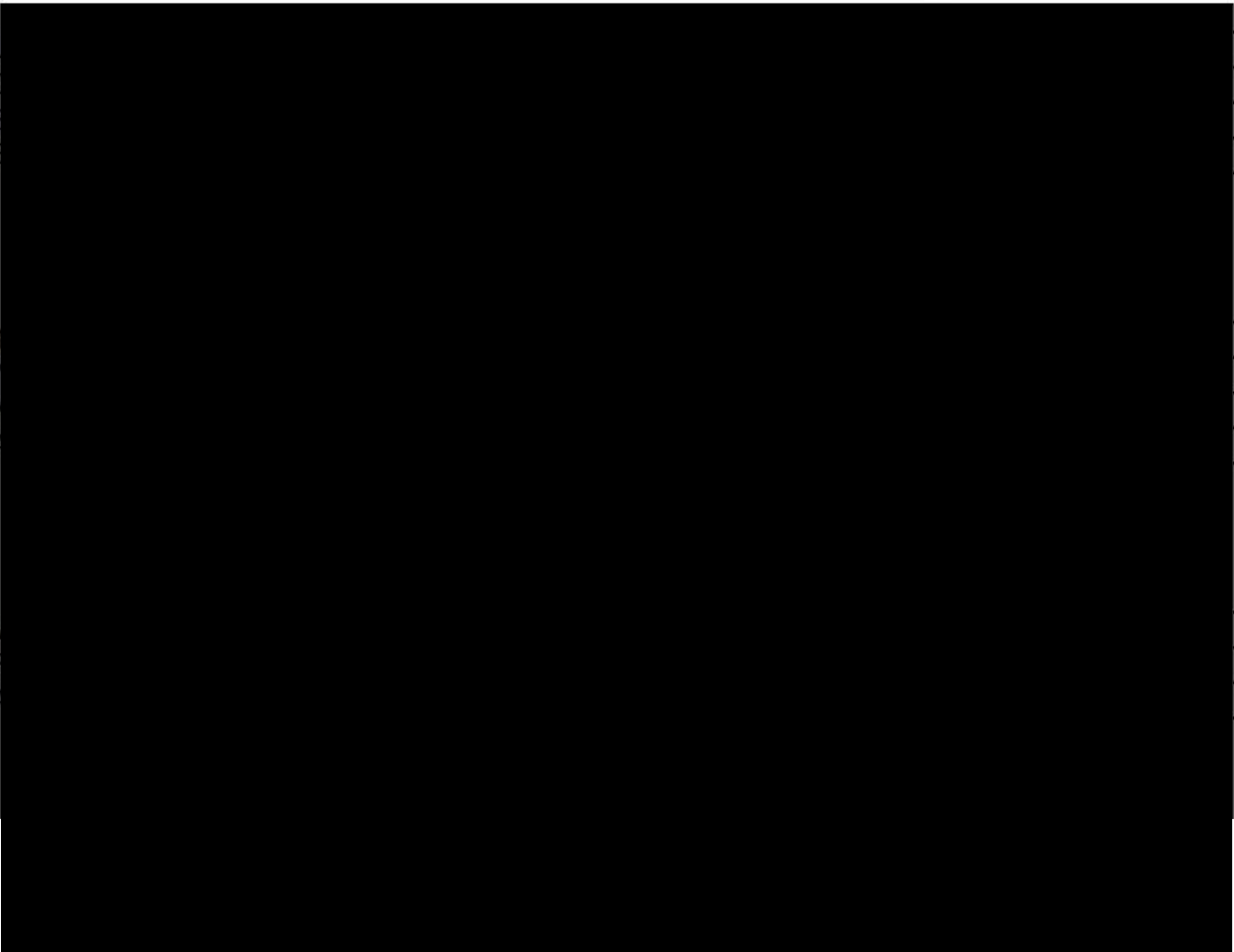
- Checklist 'Before Take-Off' (D-7 & D-1)
- Checklist 'OPS Bag' (Equipment Inventory)

BEFORE T/O CHECKLIST (PART 1)

BEFORE TAKE-OFF CHECKLIST (EXAM)

(Part. 1)

D-7: PREVIOUS WEEK
Consolidation & Logistics

L D E S		<input type="checkbox"/>
		<input type="checkbox"/>
		<input type="checkbox"/>
		<input type="checkbox"/>
A M A		<input type="checkbox"/>
		<input type="checkbox"/>
		<input type="checkbox"/>
		<input type="checkbox"/>
V P A		<input type="checkbox"/>
		<input type="checkbox"/>
		<input type="checkbox"/>

BEFORE T/O CHECKLIST (PART. 2)

BEFORE TAKE-OFF CHECKLIST (EXAM) (Part. 2)

PHASE 4: FINANCIAL MANAGEMENT

- ATPL Budget Calculator (Forecast vs Actual)

ATPL BUDGET CALCULATOR

THE ATPL BUDGET CALCULATOR 💰

	EXPENSE CATEGORY	DESCRIPTION	ATO 1	ATO 2	ATO 3
1.					
2.					
3.					
4.					
	GRAND TOTAL				